



DefaultVeg

A Better Food Foundation Initiative

Summer
Application
Deadline:
June 9, 2025

DefaultVeg Internship Program

Are you passionate about sustainability and food systems?
Join us to learn effective advocacy for food and sustainability
while gaining valuable professional skills and experience.

Leadership Skills

Develop your leadership, critical thinking, and communications skills while making an impact on your campus.

Training & Mentorship

Deepen your understanding through lectures and training with sustainability and food systems experts.

Flexible Program

Tailored and flexible projects to fit your schedule. Ideal for busy student life and service work.

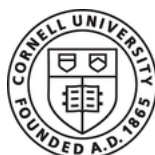
"The DefaultVeg Internship transformed me from a climate-concerned student to a strategic changemaker.

Implementing an 'oat milk by default' policy on campus taught me how small, smart interventions drive significant climate impact. This experience proved that Gen Z doesn't just want change—we know how to create it."

- Hannah, student



Transform your passion into meaningful environmental change on your campus!



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Questions?

kenzie@betterfoodfoundation.org

betterfoodfoundation.org/take-action/students/

Internship Program Info

About DefaultVeg

- DefaultVeg Internship Program is a hands-on opportunity for students to transform university food systems through proven behavioral science strategies.
- We implement climate-smart, plant-based options as the default choice while preserving freedom of choice through an opt-in for animal products.
- You'll learn how to:
 - Cut Scope 3 carbon emissions to meet sustainability targets
 - Lower food costs
 - Promote healthy, delicious food
 - Preserve individual freedom of choice

Program Structure

- Students connect sustainability, behavioral science, and food systems
- Develop and implement action plans for campus dining, catering, and events
- Flexible curriculum tailored to your goals
- Delivered via Circle platform with both live and on-demand content

Time Commitment & Stipend

- 15 hours per month for 3 months
- Complete the 14 week program and receive a **\$500 grant per semester**

Eligibility

- Current college/graduate student or recent graduates
- Aligned with Better Food Foundation's mission
- English proficiency

Internship Credit & Certificate

- Earn internship, course, or independent study credit (based on your school's requirements)
- Students receive an official certificate for LinkedIn and a recommendation letter from the Better Food Foundation's executive director

Grad Students & Service Work

- Graduate students and those seeking community service opportunities may apply year-round

Application & Deadline

- **Summer 2025: Application deadline June 9, 2025**
- **Fall 2025: Application deadline August 15, 2025**
- Selected candidates will complete a 30-minute online interview with BFF staff

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